

## Registration

### DEADLINE TO REGISTER IS MAY 21

Please complete the application below, filling all fields including contact information, roommate requests and food choices. After you submit registration, go to the Payment page where there are several options. Your registration will be complete once you have submitted both the application and payment of either a deposit or full fees.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Are you an Alexander Technique Teacher?\* Yes No

Are you an AT Trainee?\* Yes No

**\*NOTE: AT teachers and trainees receive a 10% discount on tuition.**

Please tell us a bit about what brings you to this workshop. (are you a performer, athlete, health care provider, etc.)

### ACCOMMODATION:

Guest rooms in the Claymont Mansion can sleep between 2-4 people and have shared restrooms. There are a few rooms with a queen bed that will be offered first to couples. Claymont will provide linens and towels. If yes, please

Will attend with a partner: Yes No

If yes, please list anyone you want to request as a roommate

### MEALS:

Workshop meals begin with dinner on Wednesday and conclude with lunch on Sunday. All meals are served buffet style. Breakfast includes oatmeal, granola, fruit, hard boiled eggs and bread. For lunch and

dinner there will be two entrée choices—white meat (poultry or fish) or vegan (there will be cheese on the table for vegetarians who want to add dairy).

**Important:** Please indicate your entrée option as follows:

Vegan only

Vegetarian or seafood (pescatarian)

All kinds of white meat

Please list any food ALLERGIES

Send registration to  
robin@chesapeakealexander.com