



Chesapeake Bay Alexander Studies

A flexible program of Alexander Technique Teacher Training
North Carolina AT Program 2019-2020

Robin Gilmore, Director

Faculty: Sarah Barker, Missy Barnes, Glenna Batson, Diana Bradley,
Bill Conable, Ashley Hyers, Renée Jackson, Bob Lada, Teresa Lee

Schedule of weekend sessions in Greensboro, NC

Director Robin Gilmore and one or more guest faculty members teach each month. They are assisted by CBAS graduates. Sessions meet from 9:30-5:30 on Saturdays and 9-5 on Sundays. On extended weekends, Fridays run 9-5 and Monday sessions run from 9 am until 3 or 4 pm. Tuition for the series is \$4,100. Payment in three installments is due September 1, January 1 and April 1.

SCHEDULE: 2019

Aug. 31, Sept. 1 & 2

Oct 5-6

Nov. 9-10

Dec. 13-16 (Fri-Mon)

2020

Jan. 18, 19 & 20

Feb. 15, 16 & 17

Mar. 14-15

Apr. 3, 4 & 5 (Fri-Sun)

May 16-17